

Your **SUPPER SOLUTION**

Grocery List for the Week of _____

Produce

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Dairy

- _____
- _____
- _____
- _____

Frozen

- _____
- _____
- _____
- _____

Meat/Poultry/Fish

- _____
- _____
- _____
- _____
- _____
- _____

Snacks/Beverage

- _____
- _____
- _____
- _____

Dry Goods/Canned

- _____
- _____
- _____
- _____
- _____
- _____

Household/Miscellaneous

- _____
- _____
- _____
- _____

Condiments/Spices

- _____
- _____
- _____
- _____
- _____

YSS Basic Inventory

- Extra Virgin Olive Oil
- Butter
- Balsamic Vinegar
- Seasoning Blends (salt-free)
- Italian Seasonings
- Diced Tomatoes
- Mixed Greens/Lettuce
- Garlic
- Salsa
- Cheese (Cheddar, Mozz, etc)